

#### COMPOSITION

Each capsule contains 5.4 mg standardized extract of Yohimbe (*Pausinystalia yohimbe*).

### **DESCRIPTION**

The medicinal part of yohimbe is the bark. This evergreen tree grows up to 30m in height. The bark is gray-brown and the inner fracture is reddish brown and grooved. It tastes bitter and the plant is odorless. The tree grows in the jungles of West Africa, Cameroon, Congo and Gabon. The main alkaloid present in the bark is Yohimbine.

#### **PHARMACOLOGY**

Yohimbe is a potent alpha-2 adrenoceptor blocker and a weak alpha-1 adrenergic antagonist with some antidopaminergic properties. Yohimbe interacts with adrenoceptors that are selectively stimulated by clonidine, alpha-methylnorepinephrine, tramazoline, guanabenz & guanfacin. It also interacts with compounds that are nonselectively stimulated by norepinephrine and epinephrine. Yohimbe has a modest beneficial effect in the management of erectile dysfunction. Because of the alpha-2 adrenergic blockade, the drug is an effective treatment for sexual disorders such as decreased libido and decreased sexual response, caused by selective serotonin reuptake inhibitors.

### INDICATION

Erectile dysfunction, Loss of libido & Exhaustion.

# **DOSAGE & ADMINISTRATION**

1 capsule 3 times daily or as advised by the physician.

#### SIDE EFFECT

Anxiety states, elevated blood pressure, exanthema, nausea, insomnia, tachycardia, tremor, mania and vomiting.

## CONTRAINDICATION

The drug should not be used by patients with liver and kidney diseases, chronic inflammation of the sexual organs or prostate gland or with a history of gastric or duodenal ulcers.

### **DRUG INTERACTION**

Theoretically, Yohimbe may counteract the hypotensive effect of antihypertensive medications, resulting inadequate blood pressure control. It may potentiate pharmaceutical MAO-inhibitors.

### **PRECAUTION**

Patients taking Yohimbe should avoid alcohol ingestion.

### **STORAGE**

Store at a cool, dry place and away from direct sunlight. Keep the medicine out of children's reach.

### **HOW SUPPLIED**

Eredex<sup>™</sup> Capsule: Each commercial box contains 24 capsules in Alu-Alu blister pack.

Manufactured by :



HERBAL & NUTRACEUTICALS LTD.

Bangladesh. TM-Trade Mark 2000012462